

CENTRE OF EXCELLENCE HALF TERM TRAINING CAMP



**Experience the life
of a professional player!!**

- Elite player Development Camp
- Training with COE Coaches
- On Pitch tactical & technical training
- Physical Development sessions on pitch and in gym
- Presentations on diet & nutrition, preparation & recovery, psychology

**VENUE: Filton College
Wise Campus**

DATES: Mon 15th - Fri 19th Feb

TIME: 9am - 3pm

**COST: £15 per day
or £60 for the week
(5 days for the price of 4)**

Contact Helen Done on

**0117 919 2605 or
email: Helen.Done@filton.ac.uk**

